



## Bullying Prevention Resources

In addition to the numerous researchers and reports cited in the ICVP Spring 2005 newsletter, ICVP has prepared the following list of resources to help you locate information, training, and curricula to develop your bullying prevention programming. Note that ICVP does not necessarily endorse all resources listed. **This resource list is periodically updated; please check back for additional listings.**

### Websites

- *National Parent Teacher Association (PTA)*: 330 N. Wabash Avenue, Suite 2100, Chicago, IL 60611, (312) 670-6782, Toll-Free: 800-307-4PTA (4782). [www.pta.org/bullying/](http://www.pta.org/bullying/)
- *Substance Abuse and Mental Health Services Administration's Bullying Prevention Campaign*: SAMHSA's National Mental Health Information Center at P.O. Box 42490, Washington, DC 20015. Telephone: (800) 789-2647 or (866) 889-2647 (TTY). For program information, contact Louise Peloquin, Ph.D., of the CMHS Special Programs Development Branch at [lpeloqui@samhsa.gov](mailto:lpeloqui@samhsa.gov) or (301) 443-7790.
- *Stop Bullying Now*, the national Health Resources Service Administration's website: <http://www.stopbullyingnow.hrsa.gov>. This campaign includes the 15+ Make Time to Listen – Take Time to Talk INITIATIVE
- *The National Youth Violence Prevention Resource Center* is a “one-stop shop” for information on youth violence prevention, sponsored by the Centers for Disease Control and Prevention and other Federal agencies. <http://www.safeyouth.org/scripts/teens/bullying.asp>
- *The Workplace Bullying and Trauma Institute*: <http://www.bullyinginstitute.org/> PO Box 29915, Bellingham, Washington 98228 USA, (360) 656-6630

### Curricula

- *Olweus Bullying Prevention Program*: Olweus is recognized internationally as a premier researcher on bullying and has developed a highly regarded bullying prevention program. **Marlene Snyder, PhD**, Research Associate, Institute on Family & Neighborhood Life,

70 East Lake Street  
Suite 720  
Chicago, Illinois 60601

T 312.986.9200  
F 312.922.2277

[preventingviolence.org](http://preventingviolence.org)



- Clemson University, (864) 710-4562, [nobully@clemson.edu](mailto:nobully@clemson.edu), [www.clemson.edu/olweus/](http://www.clemson.edu/olweus/)
- *The Incredible Years* 1411 8th Avenue West, (888) 506-3562 or (206) 285-7565, Seattle, WA 98119, <http://www.incredibleyears.com/>
- *Linking the Interests of Families and Teachers*: John Reid, Ph.D., Oregon Social Learning Center, 160 East 4th Avenue, Eugene, OR 97401, (541) 485-2711, [johnr@oslc.org](mailto:johnr@oslc.org), [www.oslc.org](http://www.oslc.org)
- *Steps to Respect*, by the developers of *Second Step*: The Committee for Children, 568 First Avenue South, Suite 600, Seattle, WA 98104-2804 800-634-4449 ext. 6223, 8:00 a.m.–4:30 p.m. Pacific Time, Monday–Friday, <http://www.cfchildren.org>

### Reports/Tip Sheets

- *Blueprints for violence prevention: Bullying Prevention Program*. Olweus, D., and Limber, S. (1999). Boulder, CO: University of Colorado, Institute of Behavioral Science. Available online at [www.colorado.edu/cspv/blueprints](http://www.colorado.edu/cspv/blueprints).
- *Bullying: Facts for Schools and Parents* A Fact Sheet developed by National Association of School Psychologists, 4340 East West Highway, Suite 402, Bethesda, MD 20814. [http://www.naspcenter.org/factsheets/bullying\\_fs.html](http://www.naspcenter.org/factsheets/bullying_fs.html)
- *Bullying Prevention Is Crime Prevention: A Report by FIGHT CRIME: INVEST IN KIDS*. 2000 P street NW, Suite 240, Washington, DC 20036 (202) 776-0027. [www.fightcrime.org](http://www.fightcrime.org) This report, authored by national leaders in violence prevention, provides a persuasive argument for policymakers and funders in support of bullying prevention.
- *The Prevention Researcher* Volume 11(3), 2004 takes a special look at juvenile bullying with articles looking specifically at bullying among older adolescents, bullying bystanders, bullying engaged in by girls, and how to prevent bullying in a school environment. *The Prevention Researcher*, Integrated Research Services, Inc., 66 Club Road, Suite 370, Eugene, OR 97401, 800-929-2955, <http://www.tpronline.org/>
- “What Does Gay Mean?” is a new anti-bullying program designed to improve understanding and respect for youth who are gay/lesbian/bisexual/transgender (GLBT). Centered on an educational booklet, called “What Does Gay Mean?” *How to Talk with Kids About Sexual Orientation and Prejudice*, the program encourages parents and others to communicate and share values of respect with their

children. The National Mental Health Association has initiated this program. <http://www.nmha.org/whatdoesgaymean/>

- *Bullying in Schools: Problem-Oriented Guides for Police:* <http://www.cops.usdoj.gov/mime/open.pdf?Item=272>

### **Trainings**

- *The ABC's of Bullying: Online Course, Addressing, Blocking, and Curbing School Aggression is now available through the Center for Substance Abuse Prevention's (CSAP) Prevention Pathways website. The ABC's of Bullying examines the causes and effects of bullying, prevention techniques and programs, screening, treatment options, and legal/ethical issues surrounding bullying. The course qualifies for Continuing Education Units and is intended for health and mental health practitioners, educators, and parents. [http://pathwayscourses.samhsa.gov/bully/bully\\_intro\\_pg1.htm](http://pathwayscourses.samhsa.gov/bully/bully_intro_pg1.htm)*

### **Illinois Resources**

- *University of Illinois Extension Service. **UIUC professor Dorothy Espelage** has conducted research on the topic and has trained **UIUC Extension Family Life Educators** to lead educational sessions on bullying prevention. University of Illinois Urbana-Champaign Office of Extension and Outreach, 214 Mumford Hall (MC-710), 1301 W. Gregory Dr., Urbana, IL 61801, (217) 333-5900, [www.ebata.uiuc.edu](http://www.ebata.uiuc.edu)*
- *Jackson County Health Department. The Jackson County Health Department is recognized for leading a highly effective community collaboration on bullying prevention with the Jackson County Public Schools, the University of Illinois Extension, and a number of other local partners. Angie Bailey, Director of Health Education, Jackson County Health Department, P.O. Box 307, 415 Health Dept. Road, Murphysboro IL, 62966, <http://www.jchdonline.org>, (618) 684-3143 x134*

### **Film and Video**

- ***Let's Get Real** gives young people the chance to tell their stories in their own words--and the results are heartbreaking, shocking, inspiring and poignant. Unlike the vast majority of videos made for schools about the issue, **Let's Get Real** doesn't sugarcoat the truth or feature adults lecturing kids about what to do when "bad" kids pick on them. **Let's Get Real** examines a variety of issues that lead to taunting and bullying, including racial differences, perceived sexual orientation, learning disabilities, religious differences, sexual harassment and others. The film not only gives a voice to targeted kids, but also to kids who do the*

bullying to find out why they lash out at their peers and how it makes them feel. Women's Educational Media, 2180 Bryant Street, Suite 203, San Francisco, CA 94110, 415-641-4616, 800-405-3322, <http://www.womedia.org>